

## Starting from Opanuku Reserve (Henderson Valley Road)

1. From the carpark, follow the walking track to the left <.
2. At Henderson Park follow the concrete path that runs beside the toilet block
3. Turn left < along stream walking track
4. Turn right > over the bridge, then turn left < onto the walking track (keep following the signs to Border Road)
5. At Shona Place keep following the walking track
6. At end of track, turn left < onto Border Road
7. Turn left < just after the road bridge, onto cycle way and follow the concrete path
8. Turn left < at Keeling Road and rejoin the cycle path.
9. After the Carpark at Henderson Park, continue following the edge of the park towards the Corban Estate footbridge.
10. Follow the path around to the right > of the buildings.
11. Turn right > into great North Road.
12. Turn right > into Henderson Valley Road to return to Opanuku Reserve.



[www.walksinauckland.com](http://www.walksinauckland.com)

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Item # AW029



## Henderson Opanuku Stream

**Description:** Mostly level paths. Suitable for users of average fitness and mobility. May require boots in wet weather, running shoes suitable in dry weather.

**To see:** Trees and fauna, stream, parks.

**Time:** approx. 75 minutes. (about 5.2 kms)

**Parking:** Opanuku Reserve off Henderson Valley Road

**Buses:** Henderson Valley Road

**Trains:** Henderson Station

Journey Planner—<http://www.maxx.co.nz>





**Cafés:** Various in Henderson Township



**Public toilets:** Henderson Park



**Children's playgrounds:** None



**Dogs:** On leash only



**Seats in parks**

**Project Twin Streams** is a large-scale environmental restoration project. It is working to improve water quality in Waitakere streams by re-vegetating 56 kms of streambanks with native trees and shrubs, and purchasing properties within the flood plain for removal. This stabilises the banks from erosion, creates a cool, shaded environment for ecology to thrive and filters toxins entering the streams.

More: <http://www.projecttwinstreams.com/>

### Nearby Walks:

- Whau River-New Lynn Walk
- Te Atatu Peninsula
- Moire Park

