

Start Point: Downtown Ferry Building Quay Street, Auckland (at bottom of Queen Street)

1. With your back to the harbour, turn left < along Quay Street, follow the red fence
2. Turn right > into Commerce Street
3. Cross Commerce Street to Britomart Square between Tyler Street and Galway Street (markets on Saturdays)
4. Cross the next street and walk through the middle of the Ernst and Young Building
5. Turn right > into Britomart Place
6. At the traffic lights, cross Customs Street, then cross Fort Street and head up Emily Place
7. Go straight ahead into Emily Place Reserve; continue up the steps to the top
8. Straight ahead into Princes Street
9. Turn left < into Waterloo Quad
10. Go past the Law Courts, cross Anzac Avenue and continue straight ahead onto the path in the park on the corner of Alten Road
11. Keep to the right-hand path, at the fork turn right >
12. Turn left < at Alten Road and continue down the hill
13. At traffic lights cross Stanley Street and continue straight ahead into Nicholls Lane towards Carlaw Park Avenue.
14. Turn right into Carlaw Park Avenue.
15. Enter Auckland Domain via the steps at the end.
16. At the top of the steps turn right.
17. Just before the road, turn left along the path sign posted "Forest Walks, Parnell, Ngahere Terrace"
18. Keep left; keep following the paths sign-posted Domain walk (twice)
19. Continue straight ahead through the tunnel under the railway line to Parnell.
20. On the other side of the tunnel turn left and look out for the sign post on your right that points to the path to Parnell
21. Continue up Ngahere Terrace, slight left < into Gibraltar Crescent to Parnell Road.
22. Turn right > up Parnell Road to the Holy Trinity Cathedral at the corner of St Stephens Avenue.
23. End of Stage One (one hour).

To return to City by bus: from the western side of Parnell Road.



Coast to Coast Stage One

Description: A mix of level paths and steep paths/steps. Suitable for most ages and levels of fitness and mobility, designed with flat shoes or running shoes in mind. Not suitable for wheelchairs and pushchairs.

Walking shoes required (muddy and puddles in places after rain).

This walk takes you from Waitemata Harbour and heads south to Onehunga on the Manukau Harbour.

To see: Britomart Square and Galway Street (markets on Saturdays), Emily Place Reserve, Law Courts, Auckland Domain, Parnell Village, Holy Trinity Cathedral

Time: approx. 60 minutes.

Public transport: <http://www.maxx.co.nz>



Cafés: various along the route – Parnell Village



Public toilets: Ferry Building Quay Street



Children's playgrounds: None



Picnic Sites: Auckland Domain

Nearby Attractions: Britomart Place (markets on Saturday mornings), Emily Place, Auckland Museum, Parnell Shops, Holy Trinity Cathedral



Coast to Coast Stage One



Start Point: Parnell Road, Holy Trinity Cathedral Parnell (cross Parnell Road at the lights opposite the Holy Trinity Cathedral and turn right along Parnell Road if you are continuing from Stage One).

1. Turn into the Cathedral grounds (explore inside if you wish) and walk alongside St Mary's Church and past the outdoor grass labyrinth
2. Turn left down Cathedral Place
3. At the end, go down the steps between #18 and #20 Cathedral Place
4. At the T-junction turn right
5. Just before the creek bridge take the right fork and go up the steps
6. At the next junction up the hill, turn left
7. Before you reach the road, turn right up the wooden steps
8. Cross Ayr Street directly into Newmarket Park
9. Enter the park and continue along the footpath to the end and follow the path on the right
10. At the railway crossing, turn left into Sarawia Street
11. Take the path between the houses at the end of the Laxon Terrace cul-de-sac; continue straight ahead into Fumeaux Way and thence James Cook Crescent.
12. Just before John Stokes Terrace (on the left), on your right is a pathway lined by hedges
13. At the end turn right and go onto the ramp to Newmarket Railway Station
14. Walk past the platforms out into the square (Public Toilets here)
15. Go past the Public Toilets and through to Broadway, turn left
16. Cross Remuera Road at the lights, then turn left up Remuera Road
17. Continue up Remuera Road, until you reach steps on your right into Mount Hobson Domain
18. Follow the path to the left at the fork (the right fork goes to the top of Mount Hobson)
19. Leave the Mount Hobson Domain and turn right into Market Road
20. Continue along Market Road, turn left at Puriri Drive (off Campbell Crescent)

To return to City by bus: Continue along Campbell Crescent to Manukau Road. Cross Manukau Road, turn right for nearest bus stop.



Coast to Coast Stage Two

Description: A mix of level paths and steep paths/steps. Suitable for most ages and levels of fitness and mobility, designed with flat shoes or running shoes in mind. Not suitable for wheelchairs and pushchairs.

Walking shoes required (muddy and puddles in places after rain).

This walk takes you from Waitemata Harbour and heads south to Onehunga on the Manukau Harbour.

To see: Newmarket Park, Mount Hobson, Cornwall Park

Time: approx. 90 minutes.

Public transport: <http://www.maxx.co.nz>

www.walksinauckland.com



Cafés: various in Newmarket



Public toilets: Newmarket Park,
Newmarket Railway Station



Children's playgrounds: Newmarket
Park

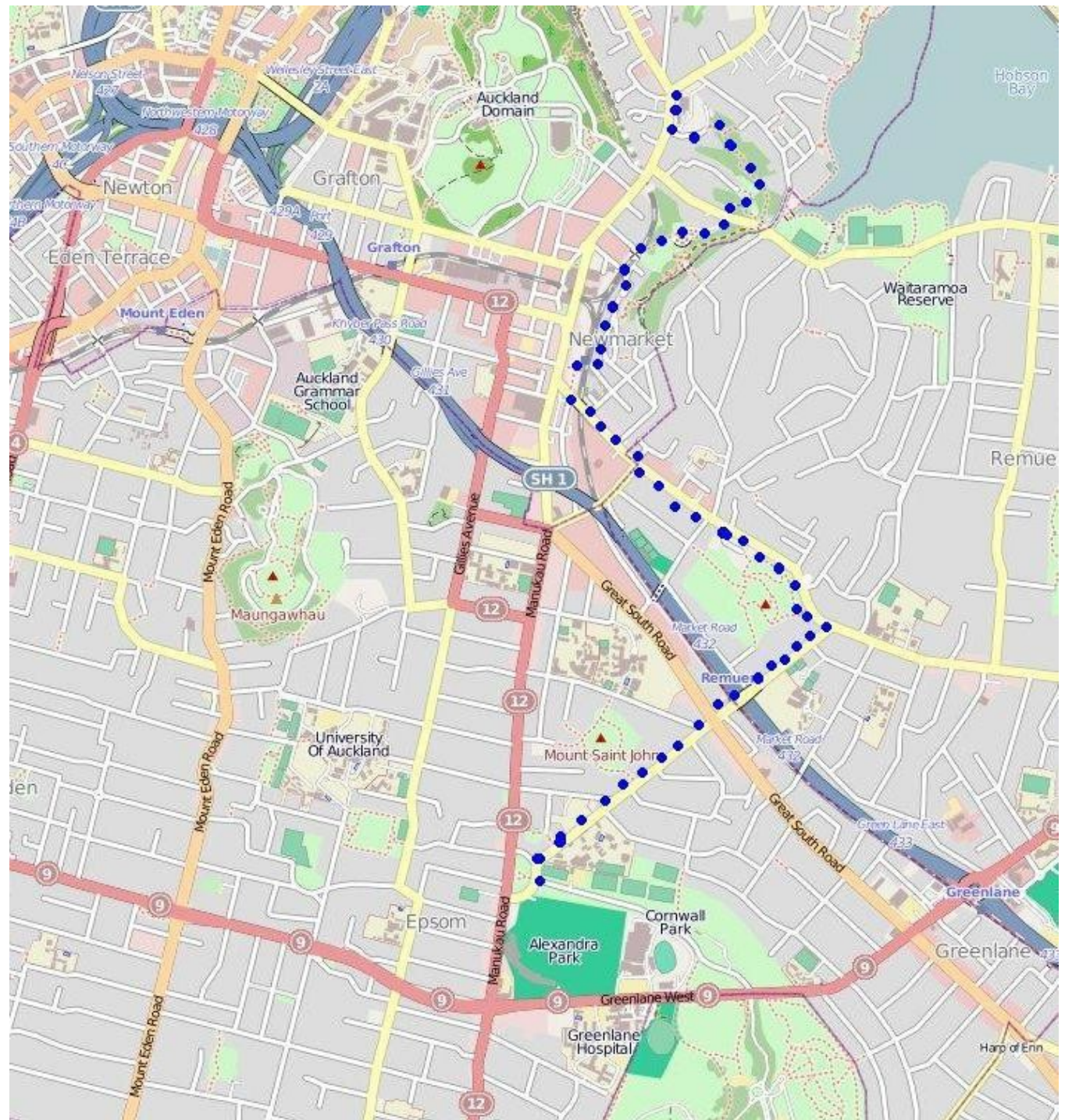


Picnic Sites: Newmarket Park

Nearby Attractions: Parnell Cathedral,
Newmarket Shops, Mount Hobson Domain,
Mount Saint John Domain



Coast to Coast Stage Two



Start Point: Puriri Drive (off Campbell Crescent, off Manukau Road, Epsom)

1. Turn left into Puriri Drive (opposite the fountain) and continue straight ahead
2. Cross Greenlane at the traffic lights to the entrance of Cornwall Park
3. Just before the main gate take to footpath to the left < and go straight ahead
4. At the T-junction turn left <, then the next right > to take you to the band rotunda
5. At the band rotunda turn right >
6. Take the road that runs out of the Carpark along the left-hand side of the toilet block
7. At the roundabout turn left <, then right onto the pathway through Twin Oak Drive
8. Continue straight ahead at the end of Twin Oak Drive
9. At the T-junction, cross the road and take the pathway to the left < down the hill (Bollard Avenue), keeping to the path as it swings round to the right (OPTIONAL: before you go down the hill, you may wish to turn right at Sorrento to visit the summit).
10. Follow the path through the children's playground
11. At Manukau Road, turn left <
12. Cross Manukau Road at safe place, turn left < on the other side to the corner of Beckenham Avenue

To return to City by bus: Turn right for the nearest bus stop on western side of Manukau Road



Coast to Coast Stage Three

Description: A mix of level paths and steep paths/steps. Suitable for most ages and levels of fitness and mobility, designed with flat shoes or running shoes in mind. Not suitable for wheelchairs and pushchairs.

Walking shoes required (muddy and puddles in places after rain).

This walk takes you from Waitemata Harbour and heads south to Onehunga on the Manukau Harbour.

To see: Cornwall Park, One Tree Hill

Time: approx. 45 minutes.

Public transport: <http://www.maxx.co.nz>

www.walksinauckland.com



Cafés: Frolic, Manukau Road and Cornwall Park Restaurant



Public toilets: Cornwall Park



Children's playgrounds: Cornwall Park



Picnic Sites: Cornwall Park

Nearby Attractions: Volcano summit—obelisk and Sir John Logan Campbell's grave. Acacia Cottage. Auckland Stardome Observatory



Coast to Coast Stage Three



Start Point: Corner of Manukau Road and Beckenham Avenue Junction

1. Turn right > into Beckenham Avenue
2. At Pah Road T-junction, turn left <
3. Cross Pah Road at the pedestrian crossing, turn left,< then right > into Fernleigh Avenue
4. Cross over Fernleigh Avenue then left < into Peet Avenue
5. At the end of Peet Avenue, cross over Mt Albert Road at the pedestrian lights; turn right > on the other side, then left < into Monte Cecilia Park
6. Continue up the path keeping to the left <, until you reach a circular area, take the right > fork
7. Follow the signs to Pah Homestead, TSB Bank Wallace Arts Centre and Korma Road
8. Keep to the path to the left < and keep going straight ahead
9. On the southern side of the property, take the unsealed path sign-posted "Carriage way walk to Korma Road" (this used to be the old coach road to Onehunga). You will get good views of Manukau Harbour from here.
10. At the bottom of the hill, turn right > towards Korma Road
11. Turn right > into Korma Road, then right > into Pah Road
12. Cross Pah Road at the lights into Trafalgar Street on the left <
13. Turn right > into Pleasant Street
14. At Beachcroft Avenue turn left < and continue along the footpath
15. Cross Beachcroft Avenue opposite the motorway pedestrian bridge, and take the path to the left < of the pedestrian bridge
16. Continue along pathway, keeping the lagoon on your left < (you are near the edge of Manukau Harbour)
17. Turn right > back into Beachcroft Avenue, from the Carpark alongside the children's playground
18. Continue along Princes Street, cross Selwyn Street and continue straight ahead to Onehunga Mall (the main street).

To return to the City by bus: directions from Princes Street: turn left into Onehunga Mall, left into Pearce Street, right into Upper Municipal Place

To return to the City by train: directions from Princes Street: Plaza entrance from Onehunga Mall - cross over Onehunga Mall and turn right, entrance on your left (pedestrian access from both Princes St and Nielson St)



Coast to Coast Stage Four

Description: A mix of level paths and steep paths/steps. Suitable for most ages and levels of fitness and mobility, designed with flat shoes or running shoes in mind. Not suitable for wheelchairs and pushchairs.

Walking shoes required (muddy and puddles in places after rain).

This walk takes you from Waitemata Harbour and heads south to Onehunga on the Manukau Harbour.

To see: Monte Cecilia Park, Pah Homestead, Manukau Harbour views

Time: approx. 70 minutes.

Public transport: <http://www.maxx.co.nz>

www.walksinauckland.com

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Cafés: Pah Homestead, The Library in Princes Street , various in Onehunga Mall



Public toilets: Pah Homestead, Onehunga Bay Reserve



Children's playgrounds: Onehunga Bay Reserve



Picnic Sites: Monte Cecilia Park, Onehunga Bay Reserve

Nearby Attractions: Monte Cecilia Park, Pah Homestead. Off Onehunga Mall. There is a fashion mall called “Dress-smart” nearby (off Church Street) if you are on the look-out for



Coast to Coast Stage Four

