## Start from Maraetai Park off Maraetai Drive (opposite Rewa Road).

- . Cross Maraetai Road to the entrance of Dr. Adah Platts-Mills Reserve.
- 2. Continue along the rough bush track, staying to the right of the stream until a crossing.
- 3. Exit into Maraetai Heights Road and turn left <.
- 4. Turn left < Maraetai School Road and continue straight ahead at the roundabout.
- 5. Turn right > into Whitford-Maraetai Road, and cross when safe to do so.
- 6. Turn left < onto the Perimeter Walk track (Omana Regional Park).
- 7. Follow the Perimeter Walk track around the Park and along the cliff edge to Omana Beach Road.
- 8. Turn left < into Omana Beach Road, then turn right > onto Omana Esplanade to follow the water-front.
- 9. Continue straight ahead along Tracey's Walk, then past the sailing club to return to the start.





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Item # AE112



## Maraetai Loop Walk

**Description:** Mostly level paths with one incline. Suitable for most ages and levels of fitness and mobility, designed with flat shoes or running shoes in mind. Muddy in bush in winter.

To see: Native bush and birds, coastal views.

**Time**: approx. 90 minutes (about 7.5 kms). **Parking:** Maraetai Park, off Maraetai Road.

Buses: Maraetai / Rewa Road

Journey Planner—<a href="http://www.maxx.co.nz">http://www.maxx.co.nz</a>





Cafés: Various along Maraetai Coast Road

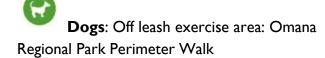


Public toilets: Omana Regional Park, Omana Esplanade, Maraetai Park



Children's playgrounds: Omana

**Esplanade** 





Take your own rugs and picnic gear.



This walk starts off at the entrance to the Dr. Adah Platts-Mills Reserve. This reserve may have muddy tracks in the winter months as it follows a stream. The stream is habitat for locally threatened species such as kokopu, shortfin, eel and koura. The native bush here is deemed significant with a variety of interesting flora and fauna; and there is an abundance of native birds. There is a very small waterfall that still runs during dry summer months.

From there we emerge into the expanding residential area with views across the Hauraki Gulf to Waiheke Island, before heading downhill to the Omana Regional Park. Here we follow the perimeter track along the pohutukawa tree lined cliff top. The views are stunning. There is a farm area and a camping ground alongside the track. There are picnic areas within the Park. Read more: http://en.wikipedia.org/ wiki/Omana Regional Park

Back down at sea level there are rock pools to explore at low tide or you could stop for a swim at high tide on a warm summer's day.

Further along Maraetai Coast Road are swimming facilities, picnic areas and various cafes.

