

Start from Atkinson Park, Park Road (between South Titirangi Road and Titirangi Beach Road).

1. Take the ZigZag Track down the hill.
2. Cross Titirangi Beach Road to a rough track opposite the Zigzag Track. This track follows the road uphill before looping around and going downhill. Ignore the tracks on the left.
3. Exit into Aydon Road at Titirangi Beach.
4. Turn left < along Aydon Road, then turn left < between #2A and 3. Follow the sign to Tanekaha Road via Bill Haresnape Track.
5. Enter the track through the wooden fence.
6. Exit the track and turn left < into Tanekaha Road.
7. Continue straight ahead into Miha Road.
8. Turn left < beside #14 and take the steps to French Bay (exit beside the public toilet).
9. Walk along French Bay to the northern end to pick up the track that leads to Opou Reserve.
10. Turn left < into Opou Road.
11. Turn right > into Otitori Bay Road and continue straight ahead.
12. Turn left < into Park Road, cross over Titirangi Beach Road and return to the start.

You may wish to begin this walk from French Bay at #9.



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Item # AW110



Titirangi and French Bay Loop

Description: Some level paths with some steps and steep inclines.; and bush tracks. Suitable for most ages and levels of fitness and mobility, designed with sturdy flat shoes or running shoes in mind. Muddy in winter.

To see: Native bush, stream, Manukau Harbour beaches.

Time: approx. 75 minutes (about 6.0 kms).

Start: Atkinson Park, Park Road (between South Titirangi Road and Titirangi Beach Road).

Buses: Titirangi Village





Cafés: Various in Titirangi Village



Public toilets: French Bay



Children's playgrounds: Titirangi Beach



Dogs: On leash in bush areas.



Picnic Sites: Titirangi Beach and French Bay

Nearby Walks: Glen Eden Bush and Stream, Waikumete Cemetery

